



DASH FOR DOMESTIC VIOLENCE 5K AGENDA

DASH FOR DOMESTIC VIOLENCE AWARENESS 5K
Saturday October 7, 2023
8:00 AM
Alexander Park

6:30 am – Registration and Packet Pick up

7:15 am – Welcome: Solicitor Lisamarie N. Bristol

7:20 am – Mosaic Remarks: Marina Peed, CEO

7:25 am – PADV Remarks: Katha Blackwell, Chief Executive Officer

7:30 am – Ahimsa House Remarks: Shannon Oxford, Associate Director

7:35 am – Prerace Zumba warm up. By UnTamed crew with Asia Ofei

8:00 am - Start.

9:00 am - Post race Cool Down/Stretch. By HOF with Carlos Bingham

9:15 am –Awards Ceremony (located at registration pavilion)

Hydration and snacks will be provided.