

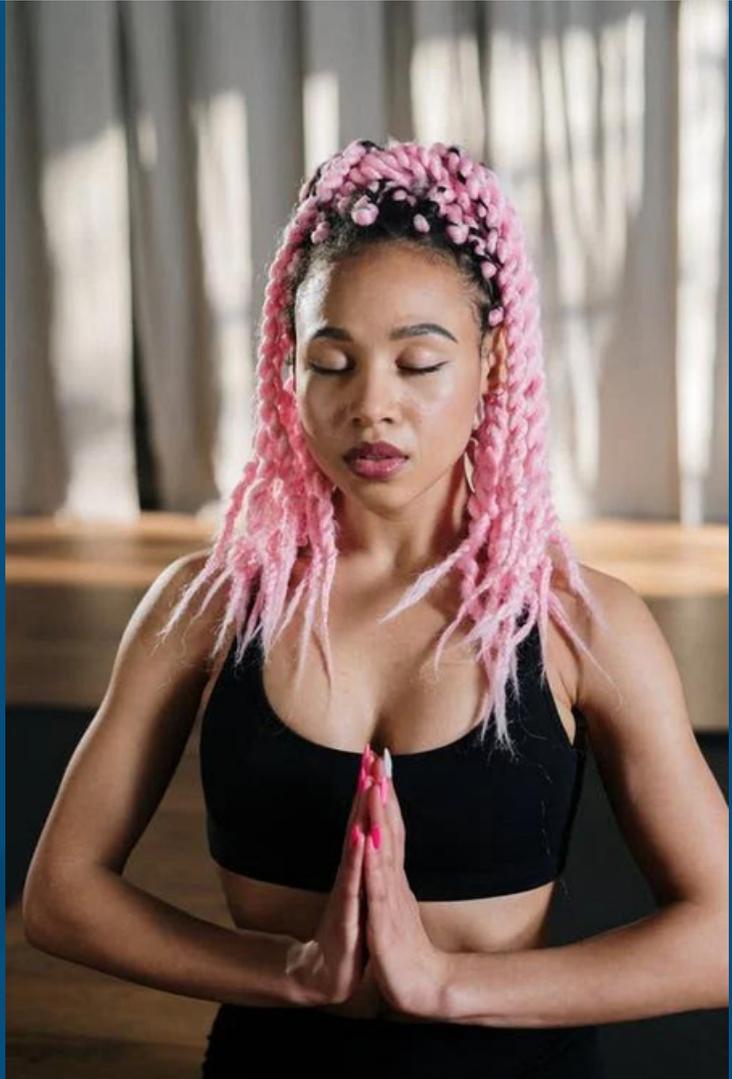


MOSAIC  
GEORGIA

# Wholeness Collective

PARTNERSHIP PROPOSAL 2022

*A proposal to partner  
Mosaic Georgia's  
Wholeness Collective  
program with an  
established community  
of organizations and  
wellness providers  
serving survivors of  
violence*



**PRESENTED BY :**  
Mosaic Georgia  
**2022**

# Wholeness Collective

## Partnership Proposal - 2022

### BACKGROUND AND MISSION

Since 1986, Mosaic Georgia has discreetly offered a “mosaic” of services to more than 13,500 kids and adults who experienced sexual violence, exploitation, trafficking, child sexual abuse, and similar crimes. The *Wholeness Collective* is a trauma-informed healing and wellness program enhancing Mosaic Georgia’s mission by extending care beyond our established crisis response period. The goal is to encourage and support long-term healing and wellness.

**Recovering from a sexual assault or abuse is a process.  
We want to help survivors on their journey...**

### OPPORTUNITIES FOR PARTNERSHIP

This proposal acknowledges a desire to develop a partnership for services, programming, and/or referral support from your organization’s mental health and wellness initiatives. Survivors of violence, crime, or abuse are at greater risk of experiencing additional victimization over the course of their lives. Whether the traumatic experience is acute or chronic, the brain and body reactions are altered.

The *Wholeness Collective* aims to intervene with engaging activities that facilitate the mind-body connection for personal growth and resilience.



# What is the *Wholeness Collective* offering?

## HEALING FROM TRAUMA

Our unique approach focuses on connecting the “whole self” in the healing process. We define the “whole self” as the ability to bring all components of one's self -- what makes you... **you** -- to life to achieve goals and pursue dreams. We approach the “Wholeness Experience” through six (6) lenses: Spiritual; Physical; Emotional; Social; Intellectual; and Vocational.

## TYPES OF ACTIVITIES

The *Wholeness Collective* is designed to aid survivors in connecting with a safe community of support while practicing healing tools and strategies. Healing and wellness activities will include different approaches such as: Healing arts (e.g., art therapy, music therapy); Creative arts (e.g., knitting circles, writing groups, journaling, etc.); Movement arts (e.g., yoga, dance, exercise groups); Meditation and mindfulness classes and groups; Nutritional education; and Outdoor-based healing activities.



# PILOT PROGRAM STRATEGY

The *Wholeness Collective* will launch in October 2022. Some activities will be offered in four to six (4-6) week sessions, and others will be periodic or one-time events.

## Who is the Wholeness Collective for?

Activities are designed to facilitate strength, growth and resilience for survivors of sexual assault, sex trafficking, domestic violence, etc. Some activities will be open to all, while others will be reserved for clients of specific demographics (i.e. teen group, male-only group, survivors of sex trafficking, etc.).

## How do we know the Wholeness Collective helps?

Surveys will assess participants' knowledge of the healing principles, and measure self-reported increased feelings of self-worth, self-esteem, and self-love before and after program participation. Interviews and post-activity assessments will also be conducted for practitioners to ensure a safe, impactful, trauma-sensitive environment for all activities.

## Timeline

Month	Phase
Oct-Nov 2022	<i>Wholeness Collective</i> trial launch
Dec 2022	Trial evaluation and program review
Jan 2023	Official program launch! Regular, ongoing <i>Wholeness</i> events with monthly calendar blasts

# Partnership Opportunities



## Become a facilitator

Do you or your organization facilitate classes, workshops, trainings, etc. that support those healing from violence or abuse? Do you use trauma-informed methods?

**Please reach out about contracting with Mosaic Georgia!**



## Refer us to your clients & network

Regularly work with clients who have experienced sexual abuse, violence, or other related traumas? We would love to partner with you in offering support to their healing journey. Please also share our resources with your networks engaged in similar work.

**Join our *Wholeness Collective* mailing list to stay up to date!**



## Donate to the *Wholeness Collective*

Donations play a crucial role in the operations of Mosaic Georgia and our *Wholeness* program. There are many ways you can show support! From monetary contributions to in-kind donations (i.e. supplies, catering, spaces for events, etc.).

**Discover ways you can give [here!](#)**

### Point of Contact

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