



Job Title	Psychotherapist/Counselor
Department	Mental Health & Wellness
Reports to	Manager, Mental Health & Wellness
Updated	4-2022

### **Position Summary**

This position provides direct services (assessment/ initial therapy and support groups) to our children, adolescents, and adults who experienced sexual trauma. Primary responsibilities include counseling referrals to our curated list of trauma-focused therapists, individual counseling to individual clients, and planning and facilitating support group programs for diverse populations.

Full-time position with some evening and weekend hours required.

Bi-lingual skills for therapeutic sessions is a plus.

### **Primary Responsibilities:**

Counseling Referrals: Provide support and leadership in delivering crisis counseling and assessments when required. Assemble information, screen internal referrals, and assign service priorities to all clients who are referred to Mosaic Georgia. Coordinate referrals to third-party behavioral health professionals; facilitate linkages to services within Mosaic Georgia and to other service organizations.

Counseling services: Provide treatment to individuals, families, and groups using a variety of psychotherapeutic and counseling techniques. Evaluate suitability of clients for therapeutic intervention in accordance with accepted standards of clinical practice. Establish realistic goals and timeframes and terminate treatment or refer to other resources after appropriate consultations. Document the compliance to and/or progress of therapy in relation to the client's treatment plan. Analyze results of treatment efforts for indications of progress; alter therapeutic approach and plan accordingly.

Support Group Programs: Plan and coordinate variety of support group programs for diverse victim populations (child, teen, women, men, LGBTQ, English- /Spanish- / Korean-speaking, etc). Art, music, yoga, and other modalities are encouraged. Facilitates therapeutic group sessions with clients and members of clients' support system. Lead Psycho-Ed groups on various topics related to trauma recovery.

Collaborate with Multi-Disciplinary Team (MDT): Employ case management approach to connecting clients with supportive services both within Mosaic Georgia and other organizations. Maintain contact with providers to document whether services are utilized. Participate in regular CAC MDT meetings with allied partners. Work with the justice system to provide accurate documents and competent expert testimony in court as required.

Confidentiality and Professional Judgement: Demonstrate sound judgment, maturity, and ability to act with objectivity and empathy in crises. Maintain confidentiality of clients and client records. Maintain

accurate, complete, and appropriate records and file reports promptly. Adheres to all laws and the Code of Ethics for counselors, which establishes standards for the relationship between clients/counselors.

## **Psychotherapist/Counselor Job Description, Page two**

The ideal candidate thrives in a collaborative work environment, adaptable with positive attitude, and experienced working with children, adolescents, and/or adults who have experienced sexualized violence. She/He/They treats victims/patients/clients and families with professionalism, respect and dignity. Identifies and addresses psychosocial, cultural, ethnic and religious/spiritual needs of clients and their families.

### **Key Competencies:**

- High emotional and organizational intelligence: maintain composure under stressful situations
- Maintain professional boundaries while working with a multi-disciplinary team
- Flexibility/Adaptability to change
- Trained and experienced in trauma-informed therapeutic modalities.
- Has strong understanding of child development, family systems, group dynamics, and neurobiology of trauma.
- Strong relational skills – ability to genuinely relate to people from diverse backgrounds and experiences
- Effective written and verbal communication skills
- Excellent strategic thinking, problem-solving and decision-making skills
- Strong computer literacy using the Microsoft Office applications (excel, word, power point, outlook); experience working with client information system, Salesforce experience preferred

### **Education & Licensure Requirements:**

- Maintain licensure and certifications required for performance of professional duties.
- Master's degree in related field required (behavioral sciences, social work, psychology, counseling, criminal justice)
- Georgia Licensed Professional Counselor, Licensed Clinical Social Worker, or Licensed Marriage & Family Therapist.